

# 2024

# SEPTEMBER

## P2C PROGRAMMING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				30 AUGUST 30 <b>SWIMMING AT CULLIGAN WATER PARK 1:30-3:30PM</b> <i>(aka Memorial Centre Pool)</i>	31	1 10am-3pm Katarowki Indigenous Market @ Springer Market Square
2	3	4	5	6	7	8
<b>CLOSED</b>	10 am <b>BREAKFAST CLUB</b> 2pm <b>Crafts &amp; Conversations (Peer Led)</b> 3pm Community Harvest Market	1:30-3:30pm <b>FISHING AT WAABAN CROSSING</b> 1:30-4:30pm Fresh food market 85 Maccauley St.	10am <b>Gardening Group</b> 2pm <b>SOCIAL ENTERPRISE</b> How to make money	1 pm <b>FUN FRIDAY</b> 4-6pm Rib Fest at Memorial Centre	10am-1pm Fresh Food market @ Artillery Park	10am-3pm Katarowki Indigenous Market @ Springer Market Square
9	10	11	12	13	14	15
2 pm <b>How to make money</b>	10 am <b>BREAKFAST CLUB</b> 2pm <b>Crafts &amp; Conversations (Peer Led)</b> 3pm Community Harvest Market	1:30-3:30pm <b>BOWLING AT SPLITSVILLE</b> 1:30-4:30pm Fresh food market 85 Maccauley St	10am <b>Gardening Group</b> 2pm <b>SOCIAL ENTERPRISE</b> How to make money	1 pm <b>FUN FRIDAY</b> 2pm Kingston Fall Fair	10am-1pm Fresh Food market @ Artillery Park	10am-3pm Katarowki Indigenous Market @ Springer Market Square
16	17	18	19	20	21	22
2 pm <b>How to make money</b>	10 am <b>BREAKFAST CLUB</b> 2pm <b>Crafts &amp; Conversations (Peer Led)</b> 3pm Community Harvest Market	1:30-4:30pm Fresh food market 85 Maccauley St.	10am <b>Gardening Group</b> 2pm <b>SOCIAL ENTERPRISE</b> How to make money	1 pm <b>FUN FRIDAY</b> 2pm Poutine Fest at Memorial Centre	10am-1pm Fresh Food market @ Artillery Park	10am-3pm Katarowki Indigenous Market @ Springer Market Square
23	24	25	26	27	28	29
2 pm <b>How to make money</b>	10 am <b>BREAKFAST CLUB</b> 2pm <b>Crafts &amp; Conversations (Peer Led)</b> 3pm Community Harvest Market	1:30-4:30pm Fresh food market 85 Maccauley St.	10am <b>Gardening Group</b> 2pm <b>SOCIAL ENTERPRISE</b> How to make money	1 pm <b>FUN FRIDAY</b> <b>MAKE YOUR OWN T-SHIRTS</b>	10am-1pm Fresh Food market @ Artillery Park	10am-3pm Katarowki Indigenous Market @ Springer Market Square

**Breakfast Club**

Enjoy a homemade breakfast with your friends!

When: Every Tuesday at 10am

Where: 99 York Street

**Recreation Group**

Reach out for more information

**Gardening Group @ 31 Lyons St**

Partake in seed planting, plant care and all the fun things that go with gardening at the community garden at 31 Lyons St.

**Social Enterprise**

Become an entrepreneur! Use your skills to develop innovative business ideas and contribute to the well-being of your community.

We will be creating graphic t-shirts using our very own designs to screen print with!

**Fun Friday**

Every Friday we welcome you to join us for our peer led Fun Fridays, where we will partake in different kinds of activities.

When: Every Friday 1-4pm

Where: 3 Adelaide Street

**Occupational Therapy**

Book an individual appointment with our occupational therapist by contacting us. We can schedule a time that works best for you throughout the week.

**Peer Counselling**

Schedule an individual appointment with peer specialists, who bring their unique lived experiences to compassionate listening, problem solving, and goal setting sessions.

**Community Harvest Clinic** - 263 Weller Ave

**Fresh Food Market** - 85 Maccauley Street

**Movies in the Square** - Market Square

**Bowling** - 10 Bath Road

**Fishing** - Waaban Crossing